

St. Agnes Cathedral School Enrichment Program

January 31, 2017

Dear Parents,

The St. Agnes Cathedral School Board is pleased to present the Enrichment Program for Winter, 2017. The courses offered this season are available to all interested students in grades 1-8.

Courses will have six sessions, with classes beginning on Monday, February 27th, at a cost of \$50 per course (unless otherwise noted). **Please view the course list carefully as some courses require additional fees, off-site and/or have class size limits.** The Enrichment Program is a self-supporting project: monies collected go toward materials and salaries. There are no make-ups for missed classes.

Classes meet from 2:45 to 3:45 p.m. (unless otherwise noted). Children in the Rockville Centre School District are eligible to take the late bus home. The bus departs at 4:00 p.m. from the front of the school. *Note: there is only one bus and the stops are different from where your child would normally be dropped. Please familiarize your child with the stop that is closest to your home.*

Please send in registration forms with payment (checks payable to “St. Agnes Cathedral School”) by **Wednesday, February 8th**. We will make every effort to accommodate your child’s first choice*. **Classes will be filled on a first come, first served basis.** Confirmation for classes will be sent home through school with your child.

Thank you for your help in making this program a success for our students.

MaryEllen McCabe
516-314-2071
hgmme@optonline.net

MONDAY

FUTURE CHEFS

Instructor: Mrs. Karen Fiorentine
Dates: Mondays Feb 27, March 6, March 13, March 20, March 27 & April 3
Grades: 1-2
Fee: \$50
Note: **Please indicate if your child has any food allergies.**

Course Description: Girls and boys will prepare many all-time favorites, while learning about cooking utensils and kitchen safety. They will sample their creations and compose their own cookbook. **Class limit 10.**

DIY ART WORKSHOP

Instructors: Mrs. Brower & Mrs. Collins
Dates: Mondays: Feb 27, March 6, March 13, March 20, March 27 & April 3
Grades: 2-8
Fee: \$50

Course Description: Students will build their confidence in their creative skills & show off their self-expression by creating a variety of projects. We will create a variety of 3 to 4 projects that will include string art, stencils & marbling.

YOGA

Instructor: Marianne Bochilo
Dates: Mondays: Feb 27, March 6, March 13, March 20, March 27 & Apr 3
Grades: 1-6
Fee: \$50

Course Description: This yoga class is for calming & balancing for the mind while being flexible, strong & fun! **Class Limit 12**

ATHLETIC TRAINING BOOT CAMP

Instructor: Danny Ochart@ Sportset
Dates: Mondays: Feb 27, March 6, March 13, March 20, March 27 & April 3
Location: Sportset, 60 Maple Ave, Rockville Centre
Time: 3 – 3:45 pm.
Grades: 5-8
Fee: \$60

Course Description: Become a Faster, Stronger and Better athlete by taking The Sports Performance Group “Athletic training Boot Camp”. A 45 minute intense speed, agility and conditioning workout designed to enhance every facet of your fitness needs while improving your sports preparedness; featuring Nassau County’s finest trainers @ Sportset Health and Fitness of Rockville Centre.

All classes will be held at Sportset, 60 Maple Ave, Rockville Centre. This is an off-site course; parents are responsible for bringing their child to the class and for picking their child up at the end of class

INDOOR GOLF CLINIC

Instructor: Pinnacle Golf Instructors
Dates: Mondays: Feb 27, March 6, March 13, March 20, March 27 & April 3
Grades: 3-8
Fee: \$65
Location: Pinnacle Golf Club, 60 Maple Ave, Rockville Centre
Time: 3-4pm
Note: **Please indicate on registration form whether you golf “righty” or “lefty” and whether bringing your own or borrowing clubs.**

Course Description: Learn how to play golf using the “Full Swing Golf” simulators and a “tour Links” putting green. Students should bring a change of clothes and sneakers. **Class limit 12.**

All classes will be held at the Pinnacle Golf Club, 60 Maple Ave, Rockville Centre. This is an off-site course; parents are responsible for bringing their child to the class and for picking their child up at the end of class. Pinnacle Golf is located inside Sportset Fitness Center

TUESDAY

FUTURE CHEFS

Instructor: Mrs. Karen Fiorentine
Dates: Tuesdays: Feb 28, March 7, March 14, March 21, March 28 & April 4
Grades: 1-2
Fee: \$50
Note: Please indicate if your child has any food allergies.

Course Description: Girls and boys will prepare many all time favorites, while learning about cooking utensils and kitchen safety. They will sample their creations and compose their own cookbook. **Class limit 10.**

INDOOR GOLF CLINIC

Instructor: Pinnacle Golf Instructors
Dates: Tuesdays: Feb 28, March 7, March 14, March 21, March 28 & April 4
Grades: 3-8
Fee: \$65
Location: Pinnacle Golf Club, 60 Maple Ave, Rockville Centre
Time: 3-4pm
Note: Please indicate on registration form whether you golf “righty” or “lefty” and whether you will be bringing your own or borrowing clubs.

Course Description: Learn how to play golf using the “Full Swing Golf” simulators and a “tour Links” putting green. Students should bring a change of clothes and sneakers. **Class limit 12.**

All classes will be held at the Pinnacle Golf Club, 60 Maple Ave, Rockville Centre. This is an off-site course; parents are responsible for bringing their child to the class and for picking their child up at the end of class. Pinnacle Golf is located inside Sportset Fitness Centre

HANDCRAFTED WOOD DESIGNS

Instructor: Mrs. Rory Murphy
Dates: Tuesdays: Feb 28, March 7, March 14, March 21, March 28 & April 4
Fee: \$50 (plus \$8 supply)

Course Description: The students will sand, stain, create design, paint & seal 3 signs over the 6 week course for example one for their room, one of their name & a holiday sign. **Class limit 10**

WEDNESDAY

VOLLEYBALL@ Sportset

Instructor: Sportset Instructors
Dates: Wednesdays: Mar 1*, March 8, March 15, March 22, March 29 & April 5*
Grades: 5-8
Fee: \$50
Location: Sportset Fitness Centre, 60 Maple Ave, Rockville Centre
Time: 3-4pm
Note: March 1* & April 5* classes will run from 1-2pm due to half days

Course Description: Students will learn all the skills needed to play volleyball. The skills will be applied to volleyball games. **Class limit: 24**

EXPLORING SPANISH

Instructor: Ms. Poppo
Dates : Wednesdays: Feb 27*, March 8, March 15, March 22, March 29 & April 12
Grades: 4-6
Fee: \$50
Note: **March 1* & April 5* classes will run these days because of half days.**

Course Description: Dive into world of a different language. In this course children will learn basics of Spanish & exposed to culture, music, & history from Spain & Latin America.

THURSDAY

CHESS CHALLENGE –BEGINNERS & ADVANCED

Instructor: Jeremiah Titone

Dates: Thursdays: March 2, March 9, March 15 *, March 23, March 30 & April 6

Grades: 1-8

Fee: \$60

Note: **March 15* is Wednesday Class because of half day March 16.**

Course Description: Beginner players will be taught the basic moves and strategies that make chess a challenging and exciting game. As knowledge of the game increases, players will engage in weekly tournaments. More advanced players are welcome to join in and sharpen their skills by learning moves and participating in weekly tournaments. **Class limit 20.**

CUPCAKE WARS

Instructor: Mrs. Maureen Josiah

Dates: Thursdays: March 2, March 9, March 15 *, March 23, March 30 & April 6

Grades: 1-8

Fee: \$50

Note: **March 15* is a Wednesday class because of half day March 16.**

Course Description: Similar to the popular Food Network show students will use their creativity & have fun decorating a different of cupcake each week ranging from emojis to Halloween. **Class limit 12.**

St. Agnes Cathedral School Enrichment Program

Registration Form – Winter 2017 (Return Date Wednesday, Feb.8)

FIRST CHILD

Child's Name: _____ Class: _____

Phone: _____

First Course/day _____

Alternative Choice _____

Second Course/day _____

Alternative Choice _____

SECOND CHILD

Child's Name: _____ Class: _____

Phone: _____

First Course/day _____

Alternative Choice _____

Second Course day _____

Alternative Choice _____

_____ My child(ren) will be taking the late bus (see bus stop list enclosed). Please note that the Enrichment Teachers will also need a note if your child plans to take the late bus. Please make checks payable to "St. Agnes Cathedral School." and return with this form. Include any additional fee noted in the course description. Please send a note to your child's teacher explaining what day(s) your child will be attending Enrichment class(es).

PARENT'S SIGNATURE: _____ DATE: _____

Please return form to MaryEllen McCabe c/o Grace 4-2

LATE BUS SCHEDULE

4:00 pm pickup from St. Agnes

**Morris Ave & Raymond St
Brower Ave & Raymond St
Long Beach Rd & Fonda Rd
Long Beach Rd & Princeton Rd
Long Beach Rd & Marlborough Rd
Long Beach Rd & Salem Rd
Long Beach Rd & Arizona Ave
Long Beach Rd & Willow St
Long Beach Rd & Woodland Dr
Allen Rd & Windham Rd
Roxen Rd & Hempstead Ave
Westminster Rd & Hempstead Ave
Waachusetts St & Harvard Ave
Broadway & Judson Pl
Royal Rd & Judson Pl
Hendrickson Ave & Shelbank Pl
S. Forest Ave & Rutland Ave**